

Paige Hall

Choreographer | Dance Teacher | Performer

Paige.hall33@yahoo.com | Cell: 469-347-0430 | Instagram: @paige_hall03 | Dallas, TX

Professional Work

- Dallas Cowboys Rookie Squad | 2017-2019
- Dallas Cowboy Christmas Spectacular | 2017-2019
- Back-Up Dancer for Asia O'Hare | Dallas Pride | 2019
- Royal Caribbean Performer | 2017
- Dallas Cowboy Draft Party | 2016-2017
- Chuck E. Cheese "Happy Dance" and "Helen's Game" Dance Videos | 2017
- Dancecon "Hit the Gas" Music Video, Choreographed by Matt Steffanina | 2017
- Various Dallas Cowboys Half-Time Performances | 2016-2019
- Guest Performer for Dallas Cowboys Rhythm & Blue | World of Dance | 2015

Teaching Experience

- DCJ Dance and Performing Arts, Carrollton, TX | 2020-2024
- All Out Dance Academy, Prosper, TX | 2020-2021
- Next Step Dance, Frisco, TX | Substitute Teacher | 2018-2019
- One-week Dance Unit at Hicks Elementary (K-5) | 2016
- Dallas Cowboys Cheerleaders Field Routine - Asst. Teacher and Choreographer | 2017
- Dallas Cowboys Half-time Performances - Asst. Teacher | 2017-2019
- Asst. Teacher for Various Routines | Texas Tech, SFA, UTA, Sacred Heart University | 2016-2018
- Asst. Teacher | Frisco Centennial, Frisco Heritage, Prestonwood Christian Academy, Lamar High School, JJ Pearce High School | 2016-2018
- Asst. Teacher | ADTS, NDA Coaches, NDA Convention Class, DFC, Dallas Hip Hop Dance Fest, Urban Legend Masterclasses and Convention | 2016-2018

Choreography

- Hebron High School Theatre Productions:
 - Chicago High School Edition | 2021
 - Little Mermaid Broadway Production | 2020
- Gaertner Performing Arts Center, Sam Houston State:
 - *Goldwing* (Undergrad Concert) | 2021
 - *Translucent Minds* (Undergrad Concert) | 2021
 - *MOVE* (Undergrad Concert) | 2022
 - *Hallucinogens* (Undergrad Concert) | 2023
 - *Sincerely, The Empress* (Senior Concert) | 2024
 - *In The Streets* (Undergrad Concert) | 2025

Teams

Dallas Cowboys Rookie Squad | 2017-2019
The Officials Hip Hop Crew | 2013-2019
The Dallas Conservatory | 2015-2016

Performances

- Barnstorm Dance Festival, MATCH Theater Center:
 - *CLUB* by Justin Curry | 2023
 - *The Voyage* by Lilly Thurman | 2024
- Dance Source Houston, Mind The Gap XXI:
 - *Mirage* by Justin Curry | 2022
- American College Dance Association (ACDA):
 - *Loose Ribbons* by Adele Nickel | Regionals GALA | 2024
 - *United In Grief* by Kami Waldron | Regionals GALA | 2024
 - *Tower* by Andrew Noble | Regionals GALA and Nationals | 2023

Styles Trained

Hip Hop | Housing | Krump | Popping
Whacking | Locking | Tutting | Jazz
Contemporary | Modern | Lyrical | Ballet
Tricks | Freestyle | Tap | Pointe

Awards

- Monsters of Hip Hop Kids Cast Nominee
- Monster of Hip Hop L.A. Scholarship Winner
- NDA All-American Nominee

Education

Fall 2021- Spring 2025
Sam Houston State University
Bachelor of Fine Arts in Dance